



Refresher Training on the DOH Roll out of UpToDate® for Government Healthcare Workers

21 March 2024

Evidence Generation and Management Division
Disease Prevention and Control Bureau



doh.gov.ph

Attendance

Register on the form below or scan the QR Code

<https://bit.ly/utdtraining2024>



SCAN ME

Program of Activities

10:00 AM

Welcome Remarks

Dr. Ruth Divine Agustin, MBA, FPCP, FPCC

Division Chief

Evidence Generation and Management Division (EGMD)

Disease Prevention and Control Bureau

10:05 AM

Overview of the Expanded National Practice Guidelines

Program and DOH UpToDate Rollout

Miguel Gaston Agcaoili, RND

Senior Health Program Officer

EGMD-DPCB

10:15 AM

UTD Demonstration

Truong Pham

Customer Success Specialist - Vietnam, Philippines

Wolters Kluwer

10:40 AM

Open Forum

Chelsea Bercasio

Health Program Officer II

EGMD-DPCB

10:50 AM

Closing Remarks

Dr. Jan Derek Junio, MBA, MPH, RND

Medical Officer IV

EGMD-DPCB

10:55 AM

CSS Form Evaluation



Virtual Training Rules:



AVOID DISTRACTIONS

Join from a place where you can focus. Ensure your workplace is quiet, clean and has an appropriate background. Or, use a virtual background.



DISPLAY NAME

Name yourself formally the way you would want to present yourself in actual meeting



MUTE YOUR MICROPHONE

If you are not speaking, keep your phone on mute



USE THE CHAT FEATURE

Feel free to use the "Chat" feature for questions or comments, especially if you have a bad connection or background noise



BE ENGAGED

Open your camera, unmute your mic and identify yourself before you ask a question or respond to someone else. Identify other participants by name if you seek specific feedback





Welcome Remarks

Dr. Ruth Divine Agustin, MBA, FPCP, FPCC
Division Chief
Evidence Generation and Management Division
Disease Prevention and Control Bureau



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Overview of the DOH National Practice Guidelines Program

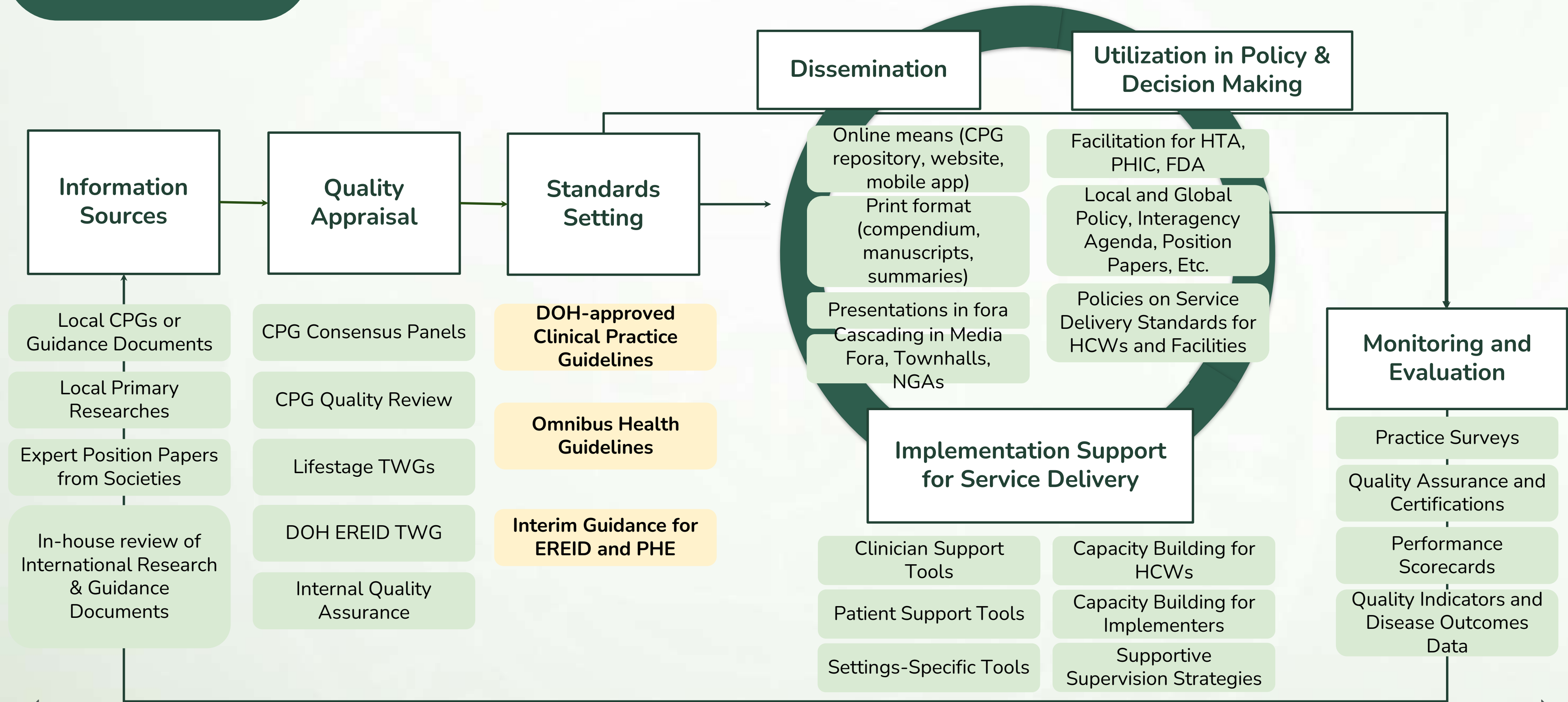
Miguel Gaston M. Agcaoili, RND
Senior Health Program Officer
Evidence Generation and Management Division
Disease Prevention and Control Bureau



doh.gov.ph

The Expanded NPGP Framework

Different sub-activities ensure continuity and comprehensiveness of standards development, included in the Expanded NPGP Framework



Conflict of Interest Management, Transparency, Capacity Strengthening, Networking and Partnerships Management



National Practice Guidelines

Expanded NPGP products are publicly available and easily accessible to all

Compendium of DOH-approved Clinical Practice Guidelines

www.doh.gov.ph/dpcb/doh-approved-cpg

Compendium of DOH-Approved Clinical Practice Guidelines

DPCB Profile	<p>*The UHC Act Section 27.7 states that "the DOH, in cooperation with professional societies and the academe, shall set standards for clinical care through the development, appraisal, and use of clinical practice guidelines (CPGs) based on best evidence, to assist practitioners in clinical decision-making". In response to this, the DOH Disease Prevention and Control Bureau, which houses the Expanded National Practice Guidelines Program (NPGP), issued Administrative Order No. 2023-0002 entitled "Institutionalization of the Expanded National Practice Guidelines Program". This issuance requires locally-developed CPGs to undergo an appraisal of their reporting quality using the Appraisal of Guidelines, Research and Evaluation II (AGREE II), assuring target users that these CPGs were developed in a rigorous scientific manner with appropriate management of conflicts of interests. CPGs must satisfy at least 75% for the domains of rigor of development and editorial independence before they are endorsed to the Secretary of Health and included in the Compendium of DOH-approved clinical practice guidelines. These CPGs shall be used to guide health service delivery, policy-making, health technology assessment, benefit package development, and healthcare curricula updating.</p> <p>It is important to note that CPGs are based on the best available evidence on interventions for different health conditions. However, these guidelines should be interpreted based on the patient's individual circumstances and applied with sound clinical judgment. Guidelines should not be interpreted as strict rules on which legal action may be based, nor should they be the sole basis for evaluating insurance claims. Clinicians are expected to maintain discretion and exercise due diligence while upholding the patient's best interests in the utilization of CPGs. For feedback and other inquiries, the DPCB-EGMD can be contacted at egmd@doh.gov.ph.</p> <p>With this, the following are included in the Compendium of DOH-approved CPGs:</p>
Omnibus Health Guidelines	
Compendium of DOH-approved Clinical Practice Guidelines	
Interim Public Health And Clinical Guidance	
Implementation Of National Practice Guidelines	

2023		2022	
Title	Lead Developer	Title	Lead Developer
Philippine Guidelines on Periodic Health Examination: Screening for Hearing Disorders	University of the Philippines Manila – National Institutes of Health – Institute of Clinical Epidemiology	Philippine Living COVID-19 Clinical Practice Guidelines Phase 2	University of the Philippines Manila – National Institutes of Health – Institute of Clinical Epidemiology/University of the Philippines Manila – National Institutes of Health – Institute of Clinical Epidemiology
Philippine Clinical Practice Guidelines for Cervical Cancer Prevention and the Treatment of	Jose R. Reyes Memorial Medical Center	Philippine Pediatric COVID-19 Living Clinical	Philippine Pediatric Society, Inc. & Pediatric Infectious Disease Society of the

Completed and DOH-Approved (n=56)

- Chronic Obstructive Pulmonary Disease
- Dengue
- Gastric Cancer and H. Pylori-associated Diseases
- Palliative and End-of-Life Care for Adult Cancer Patients
- Cervical Cancer
- Obesity
- Contact Dermatitis
- Abnormal Cervical Cancer Screening Results
- Acute Infectious Diarrhea
- Acute Myeloid Leukemia
- Acute Myeloid Leukemia
- Adult and Neonatal Sepsis
- Breast Cancer
- Burkitt Lymphoma
- COVID-19
- Colorectal Cancer
- Diffuse Large B-Cell Lymphoma
- Gastric Cancer
- Dyslipidemia
- Hemodialysis
- Hepatitis B
- Hepatocellular Carcinoma
- Hypertension
- Nicotine Dependence
- Pediatric Asthma

Completed and DOH-Approved (n=56)

- Palliative and End-of-Life Care for Cancer Patients
- Pediatric Community-Acquired Pneumonia
- Pediatric and Adult Immunization
- Periodic Health Examination
- Prostate Cancer
- Stroke
- Well-Differentiated Thyroid Cancer
- Adult immunizations
- Chronic obstructive pulmonary disease
- Common dermatologic conditions
- Dengue
- Hearing disorders screening
- Heart failure
- Infectious diseases screening
- Musculoskeletal disorders screening
- Oral, head, and neck cancer
- Overweight and obesity
- Pediatric immunizations
- Prenatal disorders screening
- Renal, metabolic, and nutritional screening
- Urinary tract infection
- Vision disorders screening
- Wilms tumor
- Isolated Mandibular Fracture
- Leprosy
- Lifestyle Advice
- Low Back Pain
- Lung Carcinoma

For development, 2024 (n=6)

- Animal bite
- Asthma
- COVID, EREID, and other Outbreak-Prone Diseases
- HIV
- Substance Use Disorders



Interim Clinical and Public Health Guidance

www.doh.gov.ph/dpcb/interim-guidance

Interim Public Health and Clinical Guidance

DPCB Profile	Administrative Order No. 2023-0002 entitled "Institutionalization of the Expanded National Practice Guidelines Program" mandates the Department of Health (DOH) to publish interim clinical and public health guidance during public health emergencies (PHE) and for emerging and re-emerging infectious diseases (EREID). Interim guidance documents provide timely and essential information to the public and healthcare professionals during uncertain or rapidly evolving situations, such as public health emergencies or for emerging and re-emerging infectious diseases. By grounding these guidance documents in evidence, the government can make evidence-informed decisions. These guidance documents are developed through internationally-accepted methodologies for rapid guideline development. The term "interim" implies that while the recommendations are developed with predominantly international resources, guidance will evolve when more and better evidence becomes available.
Omnibus Health Guidelines	
Compendium Of DOH-approved Clinical Practice Guidelines	
Interim Public Health And Clinical Guidance	
Implementation Of National Practice Guidelines	With this, the following may be used by healthcare providers, policymakers, and the public for guidance during PHEs and EREIDs:

Name of Interim Public Health and Clinical Guidance	Date Issued	Link
Interim Guidelines on the Diagnosis, Treatment, Management and Reporting of E-cigarette or Vaping Product Use Associated Lung Injury (EVALI) and Related Injury Cases and Deaths	September 11, 2023	Download
Interim Guidelines on the Prevention, Detection, Isolation, Treatment, and Reintegration (PDITR) Strategy and Outbreak Response for Pertussis and Diphtheria	August 1, 2023	Download
Interim Guidance for the Diagnosis and Management of Scabies	April 3, 2023	Download
Guidelines on the Prevention, Detection, Isolation, Treatment and Reintegration (PDITR) Strategy for Hand, Foot and Mouth Disease (HFMD)	November 28, 2022	Download
Additional Interim Guidance on the Management of Monkeypox	June 10, 2022	Download
Interim Technical Guidelines for the Implementation of Monkeypox Surveillance, Screening, Management, and Infection Control	May 24, 2022	Download



Interim Guidance for Scabies

Department of Health

Last Updated: 03 April 2023

DEPARTMENT MEMORANDUM
No. 2022 - 0220

May 24, 2022

TO : ALL DIRECTORS OF CENTERS FOR HEALTH DEVELOPMENT, MINISTER OF HEALTH OF BANGSAMORO AUTONOMOUS REGION IN MUSLIM MINDANAO (MOH-BARMM), CHIEFS OF DOH HOSPITALS, ATTACHED AGENCIES, LOCAL HEALTH SYSTEMS DIVISION CHIEFS AND OTHERS CONCERNED

SUBJECT : Interim Technical Guidelines for the Implementation of Monkeypox Surveillance, Screening, Management, and Infection Control

November 28, 2022

DEPARTMENT MEMORANDUM
No. 2022 - 0572

FOR: ALL UNDERSECRETARIES OF THE FIELD IMPLEMENTATION AND COORDINATION TEAMS, ALL DIRECTORS OF CENTERS FOR HEALTH DEVELOPMENT AND MINISTER OF HEALTH-BANGSAMORO AUTONOMOUS REGION IN MUSLIM MINDANAO, MEDICAL CENTER CHIEFS / HEADS OF DOH HOSPITALS, AND OTHERS CONCERNED

SUBJECT: Guidelines on the Prevention, Detection, Isolation, Treatment and Reintegration (PDITR) Strategy for Hand, Foot and Mouth Disease (HFMD)

June 10, 2022

DEPARTMENT MEMORANDUM
No. 2022 - 0291

FOR: ALL DIRECTORS OF THE CENTERS FOR HEALTH DEVELOPMENT, MINISTER OF HEALTH - BANGSAMORO AUTONOMOUS REGION IN MUSLIM MINDANAO (MOH-BARMM), CHIEFS OF DOH HOSPITALS, ATTACHED AGENCIES, LOCAL HEALTH SYSTEMS DIVISION CHIEFS, AND OTHERS CONCERNED

SUBJECT: Additional Interim Guidance on the Management of Monkeypox

The **Omnibus Health Guidelines** consolidates primary care standards, shifting from fragmented to *integrated* guidelines for each life stage.

Omnibus Health Guidelines

www.doh.gov.ph/dpcb/omnibus-health-guidelines

Omnibus Health Guidelines

DPCB Profile	The Republic Act No. 11223 or the Universal Health Care Act, mandates the Department of Health to provide an integrated and comprehensive set of quality and cost-effective services covering the spectrum of care from promotion to palliative care. The Disease Prevention and Control Bureau (DPCB) released Administrative Order (AO) No. 2022-0018 or the Development and Utilization of the Omnibus Health Guidelines per Lifestage, which serves as the overarching policy integrating key policy provisions of various health programs and standards of care based on the best available evidence, to guide the delivery of health services through a life course approach. The Omnibus Health Guidelines (OHG) per Life Stage will be regularly published and disseminated through Department Circulars.
Omnibus Health Guidelines	
Compendium Of DOH-approved Clinical Practice Guidelines	
Interim Public Health And Clinical Guidance	The OHG is updated as necessary based on new evidence, new policy directions, and stakeholder and client feedback. The Omnibus Health Guidelines for Adults Version 2023 is disseminated through Department Circular No. 2023-0556 titled, "Dissemination of the National Practice Guidelines Program Outputs for CY 2023"
Implementation Of National Practice Guidelines	The different versions of the OHG can be accessed in the links below. The users of the OHG are encouraged to use the most recent versions, once available.

Version	Publication Date	Title
2	December 2023	Omnibus Health Guidelines for AdultsVersion 2023
1	June 2022	Omnibus Health Guidelines for Children 2022 Omnibus Health Guidelines for Adolescents 2022 Omnibus Health Guidelines for Adults 2022 Omnibus Health Guidelines for Elderly 2022 Omnibus Health Guidelines for Managers of Various Settings 2022

To assist implementers, such as the Centers for Health Development (CHDs) and the Ministry of Health (MOH) – BARM in rolling out the OHG, the OHG Mini Roll-out Guide was developed. This guide is intended to aid the conduct of cascade-related and advocacy-related activities for the wider acceptance and utilization of the OHG.

For feedback and other inquiries, you may contact the DPCB – Evidence Generation and Management Division at egmd@doh.gov.ph.

Administrative Order 2022-0018

Annexes

OHG for Children

OHG for Adolescents & Reproductive Age

OHG for Adults

OHG for the Elderly

OHG for Managers of Various Settings

Self and Household Care

Screening (Well/Asymptomatic)

Diagnostics (Sick/Symptomatic)

Treatment

Rehabilitation

Palliative Care

OHG Version 2022

OMNIBUS HEALTH GUIDELINES FOR ADULTS

I. Self and Household Care

Purpose: This section aims to provide guidance to individuals and households about recommended lifestyle practices, household practices, home investments, community activities, self-monitoring and self-testing, health-seeking behavior, supportive therapy and symptom relief, and first aid and basic emergency care.

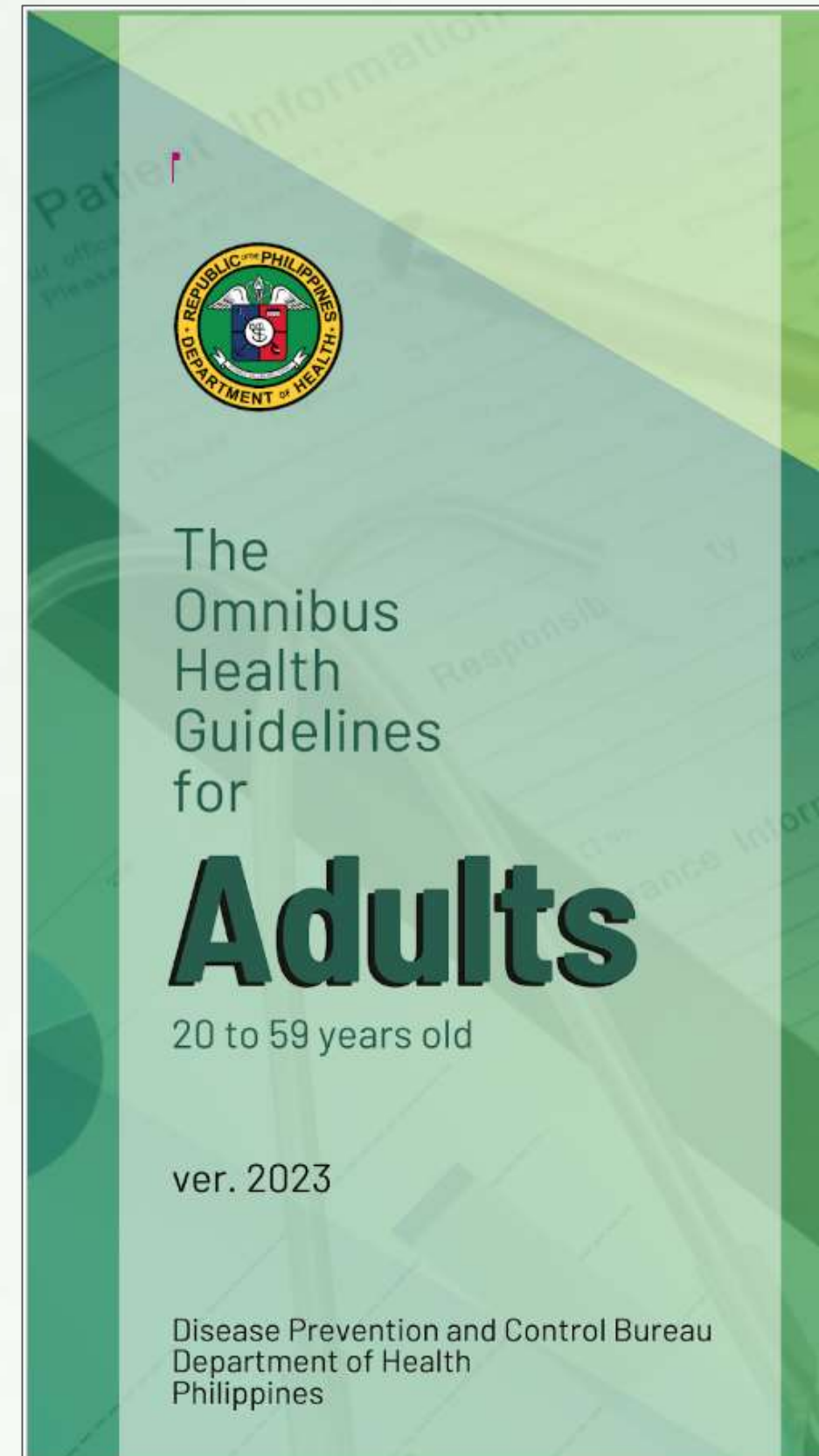
General Principles

1. Adults are individuals aged 20 years up to 59 years and 11 months.
2. Adults are encouraged to be aware of their rights, including their right to health, autonomy and self-determination, confidentiality, and informed consent.
3. Adults are encouraged to be responsible for their health, actively seek medical advice, and be involved in shared decision-making with their respective healthcare providers.

A. Healthy Lifestyle Practices

1. All adults are strongly encouraged to observe the following healthy practices on diet, nutrition, exercise and physical activity, weight management, and sleep:
 - a. Adhere to a healthy dietary pattern, visually guided by *Pinggang Pinoy* and characterized by the following (Food and Nutrition Research Institute [FNRI], 2016; Arnett et al., 2019; Gonzalez-Santos, et al., 2021; Ona, et al., 2021):
 - i. Rich in fruits, vegetables, whole grains, fish, and low-fat dairy products;
 - ii. Fortified with micronutrients;
 - iii. Low in red meat, cholesterol and saturated fat, with avoidance of trans fat;
 - iv. Iodized salt with reduced daily salt intake to less than 5 grams per day (just under 1 teaspoon per day);
 - v. Minimal to no intake of processed foods, canned goods, and “fast food”; and
 - vi. Minimal to no intake of sugar-sweetened foods and beverages, such as donuts, cookies, sweets, fizzy drinks and juice with added sugar.
 - b. Perform moderate to vigorous aerobic physical activities, consisting of at least 150 minutes per week of accumulated moderate-intensity physical activity or 75 minutes per week of vigorous-intensity physical activity, unless medically contraindicated (World Health Organization [WHO], 2020d).
 - c. Replace sedentary time with age-appropriate physical activity of any intensity (including light intensity), in order to obtain benefits, such as but not limited to decreasing the risk of developing hypertension and diabetes, preventing obesity, reducing symptoms of anxiety and depression, improving cognitive health, and decreasing the risk of mortality (WHO, 2020d; Ross, et al., 2020).
 - d. Maintain a healthy weight and a Body Mass Index (BMI) of 18.5-22.9 kg/m² (Department of Health [DOH], 2016b).
 - e. Attain good-quality sleep lasting 7-9 hours on a regular basis (Ross, et al., 2020).
2. All adults are strongly encouraged to avoid the initiation of or stop the following practices:
 - a. Smoking tobacco or using e-cigarettes (vaping);

OHG Version 2023



About the OHG

Section Guide



ABOUT THE OHG

PART I: General Primary Care

This part provides a consolidation of general primary care standards, including preventive and self-care measures for individuals and their households, screening services, immunization services, family planning and maternal health services, and a general overview of the diagnostic services and therapeutic options that should be offered and/or made available at the primary care level.

PHEX App on Primary Care Screening, Vaccination, and Lifestyle

phex.ph

Please fill up the fields below.

Age: 30 yrs | Sex: Female

Height: 160 cm | Weight: 55 kg

BMI: 21.5

Smoking History: No | Sexual Activity: No

Pregnant: No

Submit **Reset**

PHEX PHILIPPINE GUIDELINES ON SCREENING, VACCINATION, AND LIFESTYLE ADVICE

Screening Strategy | Vaccination | Lifestyle Advice

Recommendations for | Recommendations Against | No Recommendations

Strong recommendation

Strong recommendation means that desirable effects of intervention clearly outweigh undesirable effects.

Test & Disease	Frequency	Target Population	Action
History of Unhealthy Alcohol Use	every visit	Male or Female aged 19 years and above	Full Recommendation & Evidence Summary
Family History of Premature Cardiovascular Disease for Familial Hypercholesterolemia		Male or Female aged 19 years and above	Full Recommendation & Evidence Summary
Standardized Questionnaire for Substance Use Disorders	once a year	Male or Female aged 19 years and above	Full Recommendation & Evidence Summary

Preventive Health Form for Adult Females 20 to 59 years old

Name: _____ Age: _____ Sex: _____ Date: _____ Contact #: _____
 Address: _____ Religion: _____ Extending Physician: _____
 PhilHealth registered? Yes No With Konofita provider? Yes No

SECTION A: MEDICAL HISTORY

Chief Complaint: _____

History of Present Illness: _____

Disagnosed Medical Problem: _____ Date Identified (MM/Year): _____ Maintenance Medications, if any: _____

Family History: _____

Personal/Social History: _____

Smoking: _____

Alcohol Intake: _____

Substance Use: _____

Sexual Health & High Risk Sexual Behavior: _____

Immunization: _____

SECTION B: PHYSICAL EXAMINATION

Skin

Head

Eyes

Ears

Nose

Mouth and Throat

Neck

Anterior: _____ Posterior: _____ Right: _____ Left: _____

Menstrual and Gynecologic History

Fill in and check those that apply:

Menarche: _____ First day of last menstrual period: _____

Regular: _____ Irregular: pls specify: _____

Gynecorrhoea: _____ Abnormal bleeding, specify details: _____ Others, pls specify: _____

Late, mixed or absent period: _____ Add any of the following: _____

Enlarged tenderness: _____ Fatigue: _____ Weight change: _____ Frequent urination: _____

Nausea or vomiting: _____ Mood changes: _____ Changes in eating habits: _____

Without contraceptive use: _____ With contraceptive use, pls specify details: _____

Consider requesting for pregnancy test

Previous gynecologic surgeries/ procedures? Yes No Yes, specify in table below

Year	Procedure/ Surgery	Place	Other details

Review of Symptoms

Check those that apply and provide details, as applicable:

General: Weight loss, Fatigue, Easy irritability, Polydipsia, Polyuria, Fever, Chills or night sweats, Changes in hair or nails or skin

Skin: Rash, Pruritus, Changes in hair or nails or skin

HEENT: Vision changes, Ear discharge or pain, Hearing changes, Nose bleed, Enlarged lymph nodes/mass

Cardio-respiratory: Shortness of breath, Cough, Wheezing, Chest pain/discomfort/ breathlessness, Palpitations, Hemoptysis, Hematemesis, Hematochezia, Hematuria, Vaginal/ Perine bleeding, Changes/ difficulty in motion

Gastro-intestinal: Abdominal pain, Nausea, Vomiting, Constipation, Diarrhea, Hematemesis, Hematochezia, Hematuria, Vaginal/ Perine bleeding, Changes/ difficulty in motion

Genito-urinary: Dysuria, Decreased stream, Hematuria, Vaginal/ Perine bleeding, Changes/ difficulty in motion

Musculo-skeletal: Myalgia, Joint pain, Stiffness, Changes/ difficulty in motion

Neuro: _____

- ✓ Patient Information
- ✓ Screening for Red Flags
- ✓ Medical History
- ✓ Review of Systems
- ✓ Physical Examination
- ✓ Assessment
- ✓ Plans
- ✓ Annexes

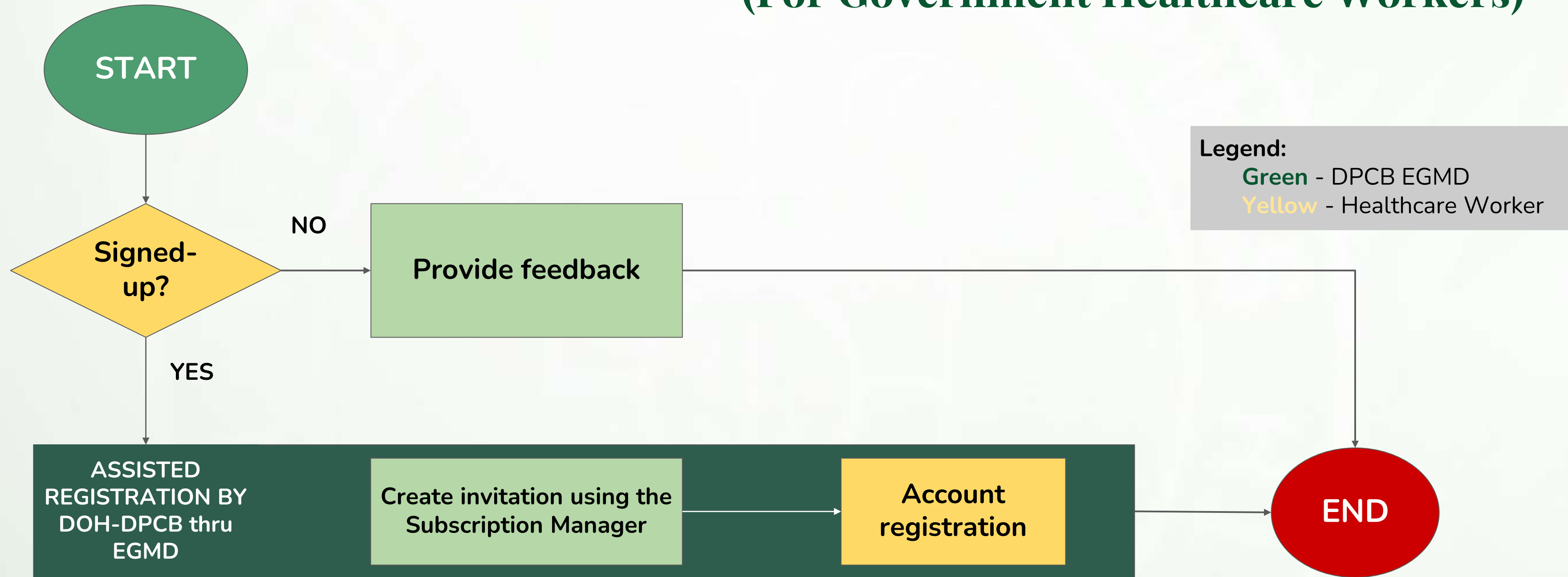
HEALTH EXAMINATION FORMS

- Standardize the medical record and facilitate opportunistic screening of all priority programs and top primary care conditions
- Fields tailored for each life stage based on standards in the OHG and other NPGs
- With trigger/prompts to guide the patient encounter during hx/pe (clinical decision support)
- Separate sections can be done different members of the primary care team (task sharing between cadres)

What is UpToDate®?

The screenshot shows the UpToDate website interface. At the top left is the Wolters Kluwer logo. To the right is a search bar labeled "Search Wolters Kluwer". Below the logo are navigation links for "Health", "Tax & Accounting", "Finance", "Compliance", and "Legal". A breadcrumb trail reads "Home > Solutions > UpToDate". A prominent blue search bar contains the text "Search UpToDate:" and a search icon. The main content area features the title "UpToDate: Evidence-based Clinical Decision Support" and a paragraph: "When you care for patients, the stakes are high and every decision counts. You need the best evidence and clinical guidance at your fingertips to answer even the most complex questions with confidence." Below this text are two buttons: "Subscription Options →" and "Log In To UpToDate". To the right of the text is a photograph of a person in a blue lab coat holding a tablet. The tablet screen displays a medical article titled "Takayasu aortitis on aortography" with an angiogram image. The footer is a dark bar with links: "UpToDate®", "Who We Help", "How We Help", "Solutions", "About", "Resources", "Subscription & Payment Options", "Contact Us", "Login", and a green "Subscribe" button.

UpToDate Registration (For Government Healthcare Workers)



Sign-up sheet is accessible at: bit.ly/UpToDateSignUp



What will be made available?

One year 24/7 full access* to the databases

**remote access through username and password*



Abstracts of
medical articles
cited in
UpToDate



Monographs,
practice
guidelines,
clinical studies

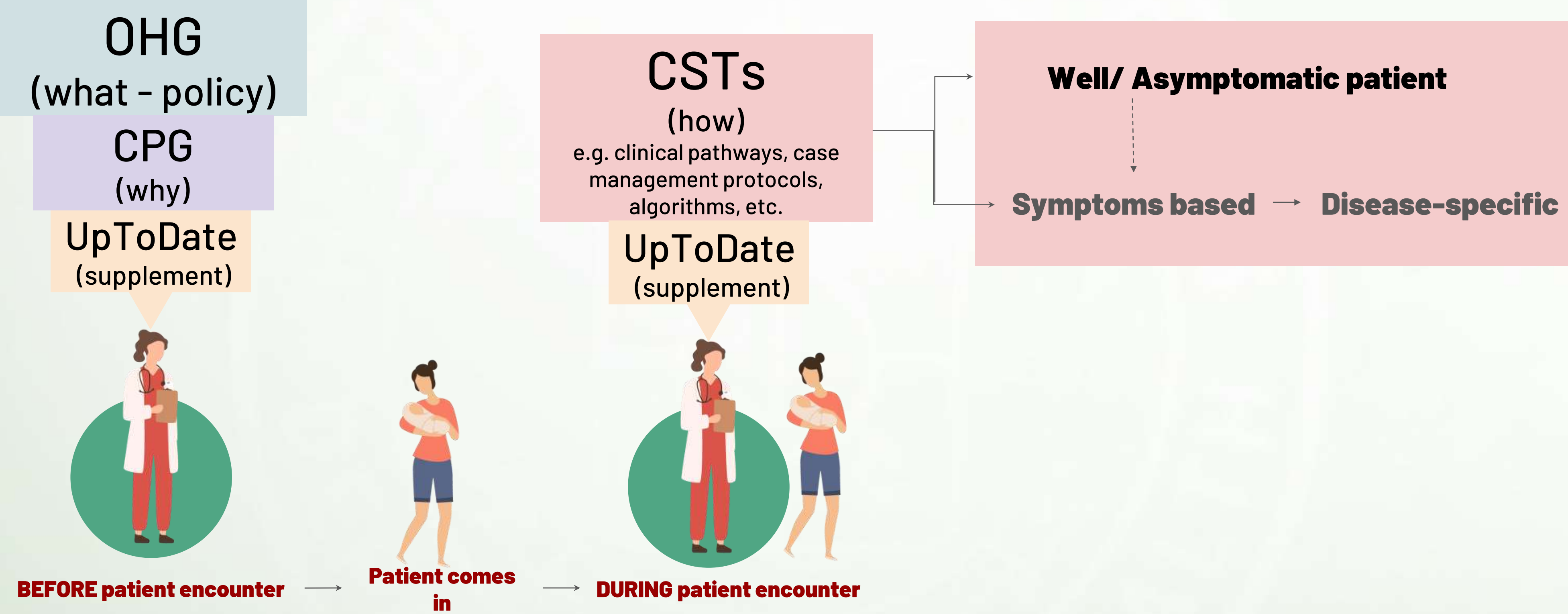


Customizable
patient
education
materials/
handouts



Multimedia
resources
(procedural
videos, high-
resolution
images, etc.)

Ideal use of National Practice Guidelines during a Primary Care Visit





Maraming Salamat po!



We appreciate your feedback:

<https://bit.ly/CSMSurveyTool>

Republic of the Philippines
Department of Health
/doh.gov.ph



Up-To-Date Demonstration

Truong Pham
Customer Success Specialist - Vietnam, Philippines
Wolters Kluwer



doh.gov.ph



Open Forum

Chelsea Danica E. Bercasio
Health Program Officer II
Evidence Generation and Management Division
Disease Prevention and Control Bureau



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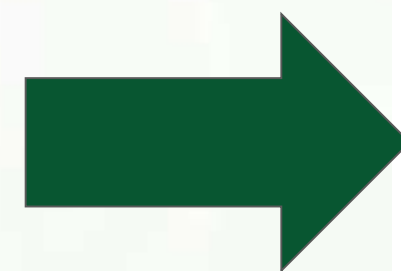
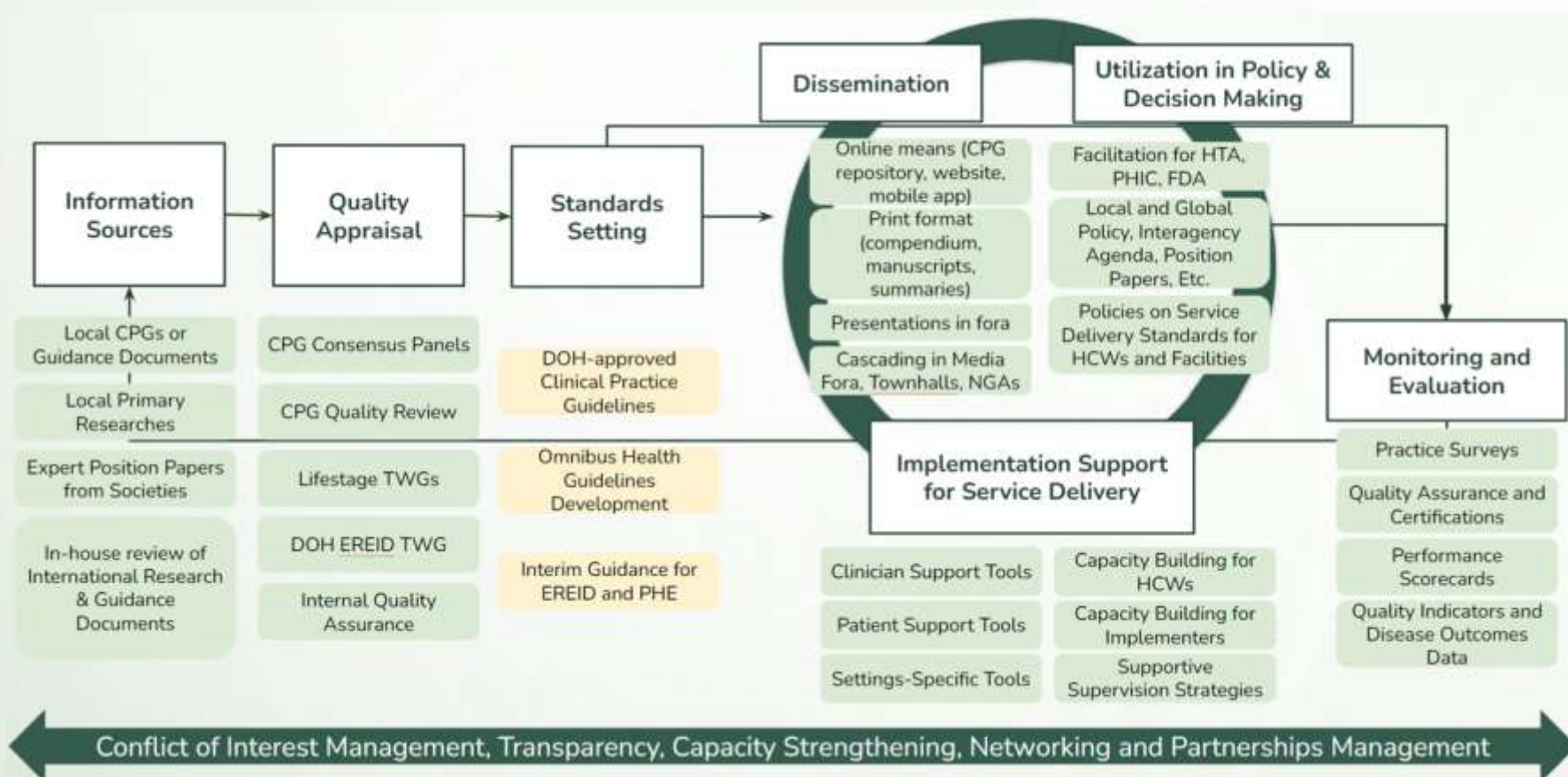
Closing Remarks

Dr. Jan Derek D. Junio, MBA, MPH, RND
Medical Officer IV
Evidence Generation and Management Division
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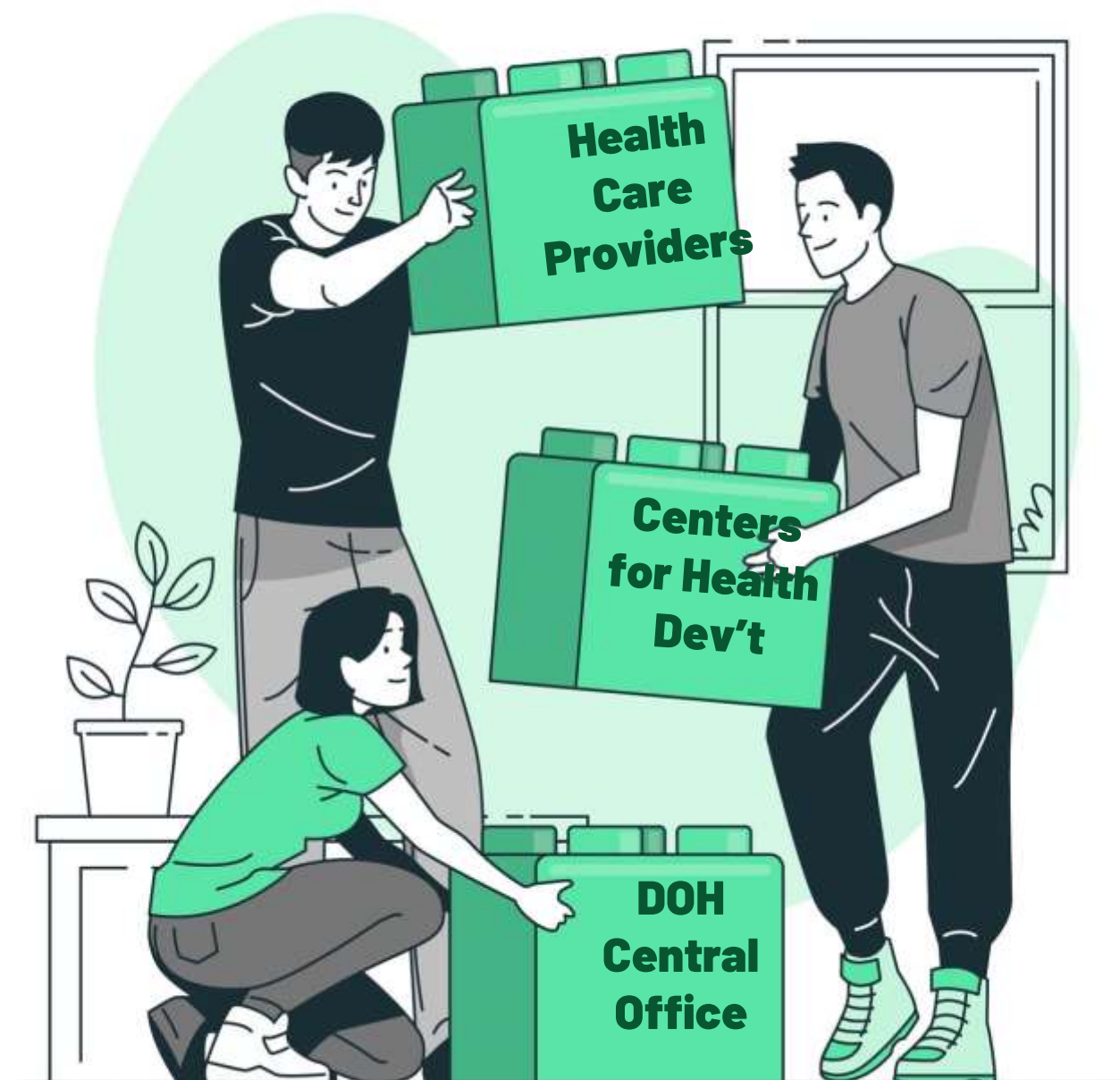


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Collective and coordinated action at all levels towards **EVIDENCE-BASED** and **universal health care!**



For feedback and inquiries,
contact us at:
egmd@doh.gov.ph
uptodate@doh.gov.ph





Maraming Salamat po!



We appreciate your feedback:

<https://bit.ly/CSMSurveyTool>

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